



TRACK & FIELD AREA COMPETITION 2021

Generally to British Athletics rule book unless otherwise stated in the league rules

The Government's announcement that Covid restrictions will stay in place until mid-July means that the first Heart of England match will need to be run within the current Covid guidelines.

Obviously, these are still extremely challenging times for athletics and society in general and whilst we are really pleased to be organising this meeting, it can only happen in a secure way for all, and if everyone abides by England Athletics guidelines and show some flexibility on the day.

It will be the responsibility of the host club to ensure that any specific guidelines regarding their venue are issued and adhered to.

Our priority is to run the event in a safe way so it is imperative that Team Managers ensure their athletes, Officials and parents thoroughly read and digest all the information below and the guidelines that the host club will disseminate prior to the event.

- **BY ENTERING THE EVENT IT IS UNDERSTOOD THAT YOU HAVE READ AND ARE FAMILIAR WITH ALL THE EVENT SPECIFIC COVID GUIDANCE AND PARENTS HAVE DISCUSSED IT WITH THEIR CHILD.**
- **THE ATHLETE'S CONTACT DETAILS USED BY THE CLUBS WILL BE USED IN CASE OF ANY "Track and Trace" ISSUES.**

COVID MEASURES AND PROCEDURES

GENERAL

1. Do not attend the meeting if you have experienced any Covid related symptoms in the last 14 days. <https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/>
2. Do not attend the meeting if anyone in your household has experienced any Covid related symptoms in the last 14 days
3. Please ensure that you are fully aware of the Covid related guidance published by the Government in regards to the transmission of Covid. <https://www.gov.uk/coronavirus> - in particular the requirement to **remain 2m from the next person where possible and the importance of proper hand washing and sanitation**
4. Avoid social contact with other families/athletes – **it is not a social event** but we are as usual extremely keen for the athletes to enjoy being involved and taking part.

EVENT SPECIFIC

1. **Covid guidelines specify that there are to be no spectators at the event.** However, one parent/guardian per child or two if more than one child is taking part is allowed.
2. **You are not to enter the track area more than 1 hour before the start of the event i.e. 10.30am for a prompt 11.30am start on the track (11.45am in the field).**
3. Athletes must wear a club vest/crop top.
4. On arrival athletes only (no parents) register with their Team Manager and collect their numbers.
5. Bring your own pins (8) although there will be some available.
6. No times or results will be announced or posted on paper on the day – they will be posted via email and on the Heart of England website as soon as possible.
7. Abide by social distancing guidelines at all times
8. There are no changing facilities – please come changed and prepared for the prevailing weather.
9. Toilets are available

10. All events are manually timed hence **THE AREA AROUND THE TIMEKEEPING STAND MUST BE KEPT CLEAR** at all times. Please do not stand around the finish line to take your own times or pictures.
11. All athletes and parents must stay behind the fence around the track. Under no circumstances should anyone, other than the athletes when they are competing or officials encroach onto the track or the infield.
12. **NO DOGS ON THE FACILITY**
13. All equipment will be regularly sanitised during the event.
14. Starting blocks will be available and will be sanitised regularly, however, athletes can use their own blocks.
15. Athletes may bring their own throwing implements and should not be shared with others.
16. Refreshments may or may not be available so bring your own supplies.
17. Use specified entry and exit gates and use hand sanitiser each time you enter/exit the facility or use the toilet.
18. On completion of an athletes event/s, please leave the facility as quickly as possible and remove all litter

PHOTOGRAPHY AT THE EVENT

As a part of our safeguarding photographers must sign in.

